



L'épis Doré

Petit Dejeuner

Petit Déjeuner L'épis Doré R57

2 fried eggs + tomatoes + Alma's home smoked pork belly bacon + button mushrooms & baguette

Petit Déjeuner - mini "Grab & Go" R37

1 fried eggs + tomato + bacon & one slice of toast

The Parisian Breakfast Crêpe R67

Alma's home smoked pork belly bacon + Ementaller cheese + two fried eggs + tomato + mushrooms served with a spicy tomato sauce

Across The World

French sausage & croissant R85

2 fried eggs + sausage + Alma bacon + tomatoes + a spicy sauce + arugula served on a croissant

Uitsmijter (Holland) R45

Traditional Dutch breakfast dish consisting of a slice of French bread + ham + cheese + two fried eggs

French Toast BLT with roasted garlic (USA) R58

Croissant + Ementaller cheese + roasted tomato + garlic & arugula (rocket)

Fried Egg & Mince Breakfast R58

Fried eggs + savoury mince + mozzarella cheese + spring onions served on a baguette

Chicken Liver on a Baguette R68

Spicy chicken liver Mozambique style + Two fried egg & baguette

The "New Yorker" R99



"Alma" fillet steak (100gm) & Alma home smoked pork belly bacon + two fried eggs + mushrooms, on French country, coated with melted Ementaller cheese and surrounded with a spicy tomato sauce



L'épis Doré Favourites

Oeufs (Eggs) Benedict R60

Poached egg + Alma's home smoked pork belly bacon on a croissant smothered in Hollandaise sauce.

Oeufs (Eggs) Saumon R69

Poached eggs + smoked Chilean salmon on a croissant smothered in Hollandaise sauce.

Oeufs Natures R40

Natures = plain traditional omelette + grilled tomato & Ementaller cheese

Omelette Baveuse (soft open omelette) R59

Bacon & cold smoked chicken breast
Piquillos peppers & herbs
Chicken livers
Smoked salmon

Oeufs Broûilles au Saumon Fumé R55

Scrambled eggs + smoked Chilean salmon served with rye bread

Classic Croque Monsieur R65

Alma baked ham + Ementaller cheese + béchamel sauce served on a croissant.

Classic Croque Madame R69

Alma baked ham + Ementaller cheese + béchamel sauce topped with two fried egg on a croissant.



Croissant French toast

Served + honey & maple flavoured syrup R40

Served + a portion of Alma bacon R49

Served + French brie & Alma bacon R59

Served + mixed seasonal berries R49



Croissants L'épis Doré

Wildebraam jam + Ementaller cheese R39

Honey and Ementaller cheese R39

Alma baked ham + Ementaller cheese R47

Plain croissants

French chocolate croissant R26

French Pain au Chocolate R22

Plain French Croissant R22



Other specialities

Real anchovy toast (two slices) R27

Two daily baked scones cream & jam R18

Flapjacks R47

Two flapjacks + mixed berries & cream cheese **or**
Two flapjacks' + maple flavoured syrup & Alma crispy bacon

Petit Fruits de Martin R47

Fresh fruit salade + yogourt + muesli & honey

Crêpe Galette Style R37

Cinnamon sugar + lemon

Add per each item extra R20

For each Alma baked ham, Alma bacon or salmon

Add per each item extra R10

For each grated cheese, mushrooms, cream, jam & honey

